



Teen Parent
Connection

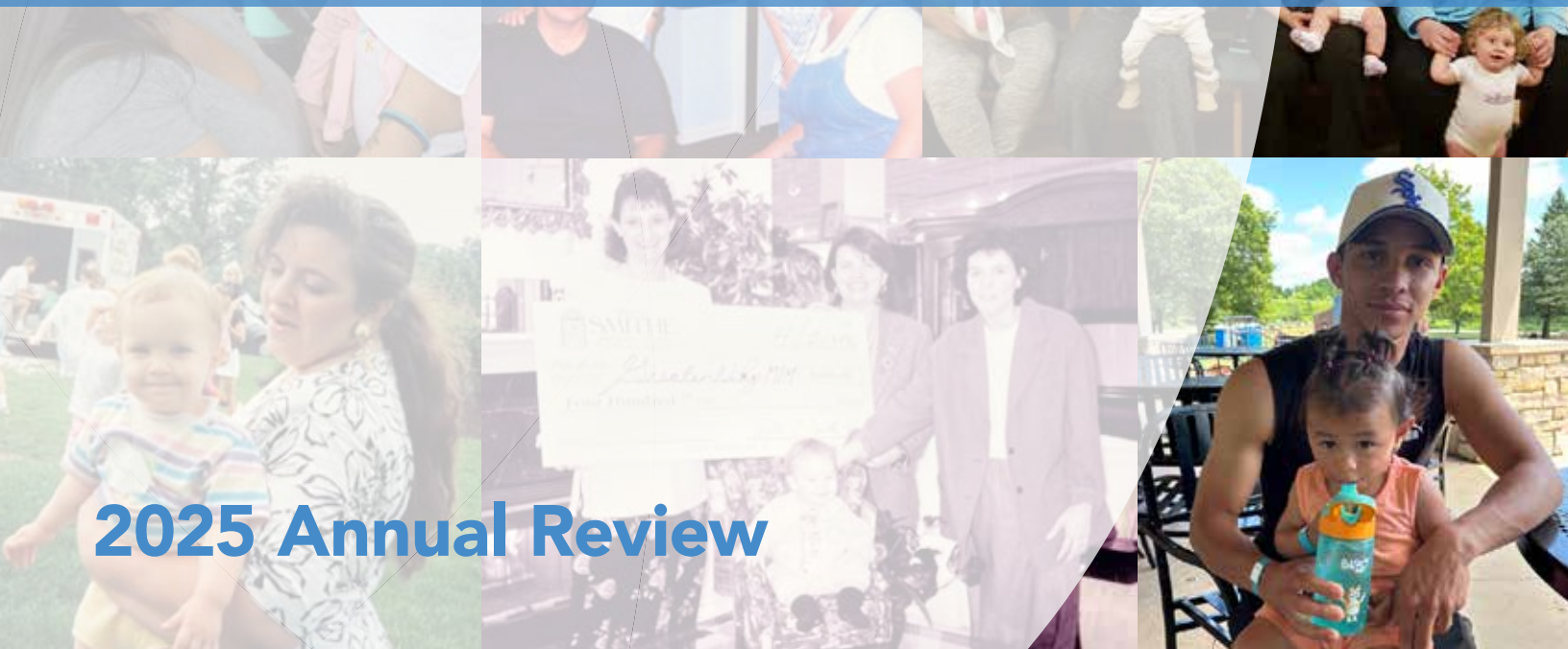
parenting · prevention · empowerment

CELEBRATING 40 YEARS



40 Years of Empowering Young Families

2025 Annual Review



WHEN SUPPORT SHOWS UP, Possibilities Unfold

A Young Mothers Journey From Uncertainty To Resilience

Before I became a mom, I was an outgoing teenager involved in every sport my high school offered. I loved my friends, my routines, and being a typical student. Everything changed the day I found out I was pregnant. I was terrified to tell anyone, especially my mother. Sharing the news with her was painful; she was disappointed. I was young, still in school, and suddenly facing a future I wasn't prepared for.

Going to high school with a pregnant belly wasn't easy. I lost friends who felt like we were on different paths, and I learned how to navigate the hallways and classrooms alone. Determined to graduate, I stayed focused on my goals, even on the hardest days.



It was on one of those hard days that a school social worker told me about Teen Parent Connection. I didn't understand the point of joining a program for young parents, because I wasn't ready to talk about my pregnancy. Still, I tried one of their online childbirth education classes, and slowly, things began to make sense. I learned about my body's changes, labor preparation, and what to expect postpartum. That knowledge gave me strength.

When my daughter arrived unexpectedly on Thanksgiving Day, I felt an overwhelming mix of love and fear. The feedings, diaper changes, and sleepless nights made everything feel real. My mom helped as much as she could, but I wanted to prove I could handle this responsibility myself.

Through Teen Parent Connection, I was connected with my home visitor, Lourdes. At first, I was hesitant to open up, but she consistently showed up with compassion and guidance, helping me see that I was capable and not alone. Lourdes supported me through the end of a difficult relationship, celebrated the progress I couldn't see in myself, and connected me to food, diapers, baby clothes, and emotional support. When I needed to cry, she created space for that, too. Her presence helped me grow into a confident mother.

Today, I am a mom of two beautiful girls. During my second pregnancy, Teen Parent Connection was once again by my side, this time through my Doula, Rachel, who helped me believe in my own strength. Because of this program, I understand my children's development, know where to turn for support, and feel hopeful about our future. One day, I hope to give back as much as I have been given. My daughters deserve a bright future, and thanks to Teen Parent Connection, I finally believe I can provide it.

« **Monserrat and her family are all smiles as they take their very first photo as a family of four.**

TEEN PARENT CONNECTION: 40 YEARS of Milestones

Founding & Vision 1985

Jeanne Altendorf-McLennan, RN, led the effort to establish Greater DuPage MYM (now Teen Parent Connection) to support adolescent parents in DuPage County.

School Based Prevention 1992

Young parents begin sharing lived experiences to provide prevention education to thousands of students annually.

Parents' Pantry

In partnership with Junior League, this incentive-based program is created to provide essential items such as diapers, formula, and clothing.

1996

Healthy Families 1997

Home Visiting program model is introduced to offer individualized support to families.

Endowment Fund

With the support of DuPage Foundation, an endowment fund is established.

1999

From Vision to Purpose

Forty years ago, six women came together with a shared belief: that teenage parents deserved guidance, support, compassion, and a community willing to walk alongside them. What began as a small circle of determined advocates has grown into a powerful, countywide response - one that has supported more than 10,000 young families and shaped the way our community understands and responds to early parenthood.

Their legacy lives in every home visit, every group session, every safe space created for a young parent to learn, grow, and thrive. Because of their foresight, Teen Parent Connection now offers a continuum of care that meets young parents where they are - and surrounds them with the resources they need to build strong futures for themselves and their children.

At the same time, their commitment to prevention has expanded into a robust education program that reaches thousands of middle and high school students each year. By providing honest, age-appropriate information about healthy relationships, decision-making, and the real challenges of early parenthood, we empower young people to make informed choices about their futures.

The vision of those six founders continues to guide us, reminding us that when a community comes together with purpose and heart, lasting change becomes possible.



🚩 Founder, Jeanne McLennan (left) and Founding Board Member, Juanita Francis (right)

As we celebrate this milestone year, your gift matters more than ever. In a time of uncertainty, your generosity provides steady, proven support young families can count on – today and for the future.

Please make your gift to support the continued work of Teen Parent Connection by scanning the QR code

 Give Today



OUR MISSION: To serve the community through education on the realities and responsibilities of teenage pregnancy and through long-term assistance to adolescent parents for their development of self-esteem, parenting skills, and empowerment towards self-sufficiency.

Doula Program

2002

The new Doula program offers every young mom advocacy and education through pregnancy and birth.

Therapeutic Counseling

2009

Proudly began offering free mental health services promoting the well-being of young parents.

Father Engagement

2012

Formalized programs to offer support, education, and engagement – recognizing the important role of fathers.

475 Taft Purchase

2015

Acquired the long-term home for Teen Parent Connection – centering agency services in DuPage County.

Parents as Teachers

2023

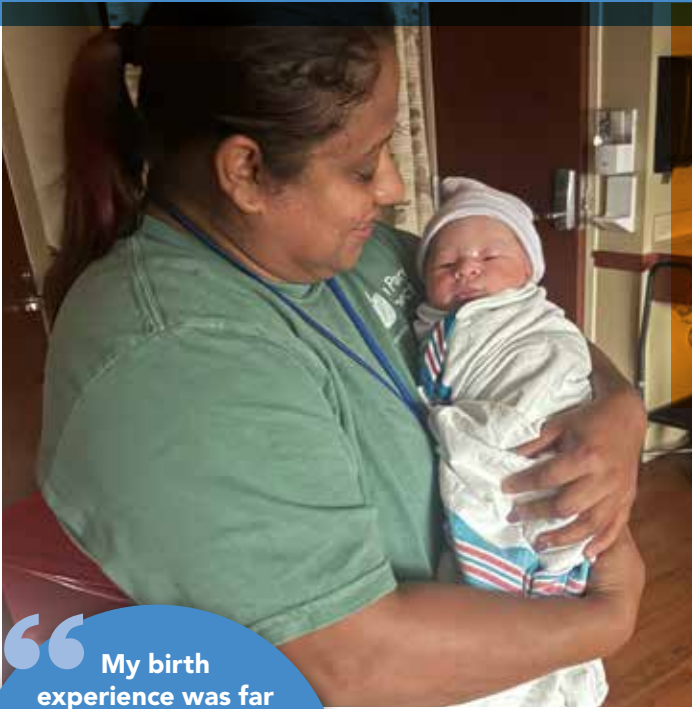
An additional Home Visiting model is introduced to widen the scope of support.

2025

40th Anniversary
Celebrating 40 years of service to young families in DuPage County!



Growing Together our legacy – our future



Doula

Our Doulas walk alongside pregnant teens, providing physical, emotional, and informational comfort through pregnancy, birth, and early postpartum. This personalized care includes childbirth education, home visits, and tailored guidance to empower and prepare young parents for their new role.

“ My birth experience was far from easy, but [my Doula] was there every step of the way with calm reassurance and practical help that made all the difference. ”

“ Not only has [my Home Visitor] helped me reach much of the kids' milestones but helped me grow better as a mom/person. ”



Home Visiting

Through personalized visits, we help parents build confidence, strengthen parenting skills, and better understand their child's development.

Home visitors focus on nurturing strong parent-child bonds, creating safe and stable home environments, and connecting families to community resources. This supportive, relationship-based approach promotes resilience, well-being, and healthy child development.

Young families are navigating enormous challenges. Your donation provides steady, compassionate support when it's needed most. Give today to help parents find stability, confidence, and hope for their children's future.

Please scan the QR code

 Give Today



Teen Parent Connection offers a continuum of programs that serve the community through education, empowerment, and support for teenagers and teenage parents.

Parents' Pantry

We partner with our young families through the Parents' Pantry, where Baby Bucks become real currency! Parents earn these bucks by attending programs, keeping healthcare appointments, and attending school. They can then shop for essentials like wipes, diapers, formula, clothing, and hygiene products, encouraging active engagement and providing essential supplies to young families.



“Pantry has been helping me, a single mother, with diapers, wipes, and clothes...It has given me a big relief by not having to worry if I have the money for my kids' needs.”

Parent Groups

Navigating early parenthood feels less challenging and isolating when you're not alone. Our weekly Parent Groups at community sites provide young parents with a safe, welcoming space. We offer support and education for pregnancy and parenting, ensuring parents receive help at every stage. These groups foster a strong sense of community through non-judgmental peer support, encouraging parents to share experiences, exchange advice, and form meaningful connections.

“Since joining group, I am now able to express myself, talk more, and learn to accept help from others. It also helped me realize that I'm not the only teen parent who sometimes needs help.”



“The program has taught me to be a better parent by learning how to cope with feelings and how to cherish the times with my kid.”

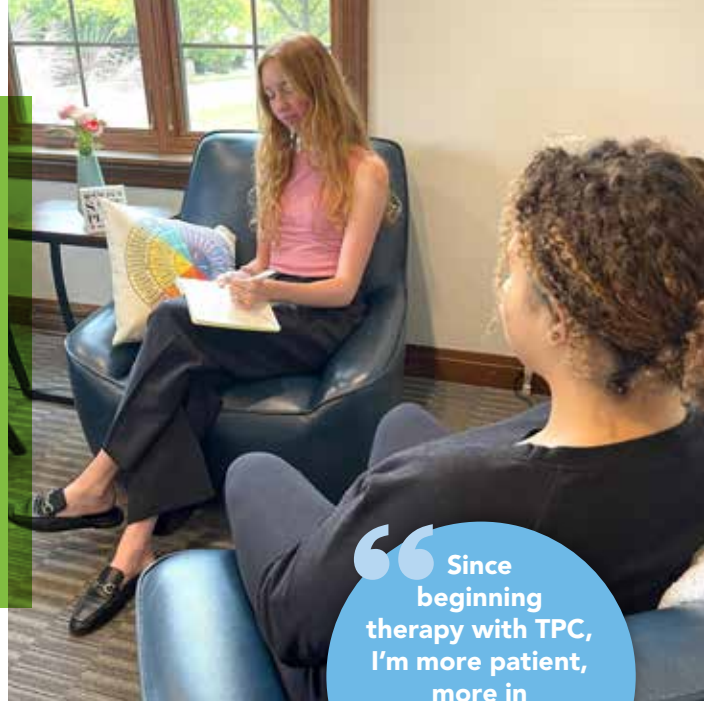
Father Engagement

Our TPC's Father Engagement program supports young men as they grow into their role as fathers, providers, caregivers, and nurturers. Engaged fathers directly shape their children's futures, fueling their emotional and social well-being, which leads to powerful improvements in education, behavior, and health. Our guidance equips fathers to create strong, positive, lifelong relationships with their children.



Therapeutic Counseling

Our Therapeutic Counseling Services champion the positive mental health and well-being of young parents: we provide a safe, accessible, and free therapeutic space. Support includes personalized one-on-one or group-based therapy for individuals, couples, and families already engaged in other programs. Our services guide young parents to navigate challenges, develop resilience, and enhance their quality of life.



“ Since beginning therapy with TPC, I’m more patient, more in tune with myself, happier in my own skin. ”



Prevention

We deliver prevention education to thousands of middle and high school students each year. Our Health Educators partner with Peer Educators, who share their personal experiences as young parents. Together, they offer relatable insights that help students understand the realities and responsibilities of early parenthood.

We also serve students in high school transition programs, including youth with intellectual and developmental disabilities, ensuring our curriculum is accessible and inclusive. We extend this work to youth involved in the juvenile justice system, providing prevention education in secure and alternative learning environments.

By meeting students where they are, we help them develop the skills to make informed and healthy decisions.

“ TPC makes their presentation impactful for students by having an actual [young mom] share her story about her experience as a teen parent. High school students can relate more easily to someone their own age. ”

Strong communities grow when young families are supported. Your gift strengthens TPC’s continuum of care and ensures parents never walk this journey alone. Support our 40th year with a meaningful donation today.

Please scan the QR code

 **Give Today**



2025 Impact by the numbers

13,296

TOTAL ENGAGED IN PROGRAMS

30 THERAPEUTIC COUNSELING

12,998

STUDENTS SERVED BY PEER PREVENTION PROGRAM

26 YOUNG FATHERS

34 DOULA

69 HOME VISITING

139 PARENT GROUPS

Parents' Pantry



DISTRIBUTED OVER
23,637
Diapers



MORE THAN
549
Pantry Visits

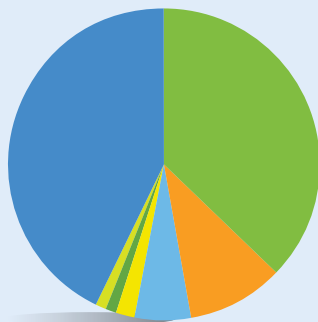


PARENTS SPENT MORE THAN
13,762
Baby Bucks



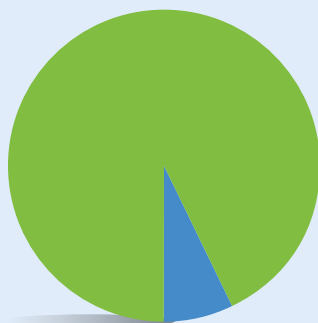
EXPERTLY INSTALLED
58
Car Seats

2025 Revenue



- 43% Private Foundation & Corporate Grants
- 37% Government Grants
- 10% Other Revenue
- 6% Individual Donors
- 2% Community Groups
- 1% United Way
- 1% In-Kind Donors

2025 Expenses



- 93% Programs
- 7% Administration & Development

Judicious stewardship ensured 93% of every dollar invested went straight to life-changing programs, achieving maximum donor impact with only 7% covering operational costs.



90% of Doula-supported births were full-term, leading to healthier babies



100% of participants reported greater confidence, self-esteem, and positive life changes from Therapy Services



100% of fathers increased quality of time with their children, directly supporting development



97% of parents Home Visiting Programs selected a primary care physician, securing essential healthcare and developmental support for their child



100% of participants said Parent Group provided connections that helped them feel less alone



100% of Doula participants felt more educated and prepared for parenting



98% of students completing the Prevention Program believe they can make healthy choices, helping reduce teen pregnancy



97% of children in the program were screened, enabling early detection of developmental delays



100% of fathers strengthened knowledge, confidence, and bonds with their children



As we celebrate our 40th year of service, Teen Parent Connection is strengthening one of the core assets that supports our mission: our building. This space is where programs take root, collaboration happens, and young families find support during some of the most important moments in their lives.

FOUNDATIONS *for our* FUTURE



building a secure future for our community



Through our **Foundations for Our Future Capital Campaign**, Phase One focuses on retiring our mortgage. The next step will be a larger effort to ensure our facility continues to grow with us - adapting to evolving community needs, new program models, and the operational realities of a modern nonprofit.

As we look to the next 40 years, your generosity carries TPC's work forward. Together, we can ensure young families have the support they need as they build stability for themselves and their children.

 Give Today



Please scan the QR code

Investing in this building allows Teen Parent Connection to remain nimble, responsive, and ready to meet families where they are. With your partnership, this space will continue to empower our team and strengthen the services that make a lasting difference.



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