

What **you** make possible...

Your support is crucial to Teen Parent Connection, as it allows us to provide essential resources and services that empower young parents. With your help, we can ensure that every teen parent and their child has the opportunity to thrive in a safe, supportive, and nurturing environment. Additionally, your contributions enable us to offer prevention education to teens, helping them make informed decisions and avoid early parenthood.

Navigating Young Parenthood: How Education and Support Builds Confidence

Becoming a mother as a teenager can feel overwhelming, but for Adriana, it was a turning point- an opportunity to grow. At age 19, she described herself as shy, so discovering she was pregnant, thoughts of uncertainty around navigating early parenthood flooded her mind. This new journey was difficult to accept until she received a call from Teen Parent Connection (TPC).

Adriana began meeting with a doula, that is when she realized that although her life was about to change forever, TPC would provide support throughout every step. She experienced fears such as whether her opinions and choices would be heard and respected as a young mother. With the guidance of a doula, she learned to trust that she was making the right decisions as a parent. "My doula taught me to [...] advocate for myself."

The relationship with her doula grew stronger throughout her pregnancy. She felt safe and excited to ask questions. "Just hearing the words 'you'll be okay' gave me so much comfort." She enjoyed learning about relaxation techniques and how important her health is for the baby. With these newfound tools and knowledge, she has become a source of encouragement to other young families.

She describes Teen Parent Connection as warm, welcoming, and energetic. With the support of a home visitor, she feels more self-assured as an individual and a mother. "I am who I am, and I'm not going to hide it."

With TPC's Young Parent Support and Therapy Groups, she found community amongst other young moms who she can relate to and learn from. "It's a little family." Her baby, Gabriela, loves to tag along group sessions and socialize with the other young children. Baby Gabriela is happily growing every day as she approaches her first birthday. She likes to channel her musically creative side by playing with toy drums, singing with Miss Rachel, and dancing to Reggaeton music.

Adriana says that Teen Parent Connection's staff and programs played a large role in encouraging her to get out of her comfort zone and gain confidence. She is extremely grateful for all the resources received and recommends TPC to other young parents. "With the right support and the right people, you're going to be fine."



Teen Parent
Connection

parenting · prevention · empowerment



Scan to
make a lasting
donation

Growing Together our legacy – our future

Teen Parent Connection offers a continuum of programs that serve the community through education, empowerment, and support for teenagers and teenage parents.

Healthy Families

The Healthy Families program provides young parents with support by meeting them where they're at—right in their own home. Home visits offer personalized assistance, helping parents build confidence and develop essential protective factors. These include understanding child development, fostering strong bonds between parent and child, and creating a safe home environment, all of which contribute to the overall well-being and resilience of the family.



"My doula was a shoulder I could lean on. She heard every problem, every doubt I had in my mind, and made sure I was okay. I loved knowing someone was fighting for me and what I wanted."

Doula

Our Doula program supports pregnant teens by providing continuous physical, emotional, and informational assistance before, during, and after childbirth. Doulas offer personalized, one-to-one care to ensure each young parent receives individualized support. Our services include childbirth education classes, home visits, and tailored support to empower and prepare young parents for their new role.



"TPC helped me with finding parenting strategies for my son with developmental delays. My home visits have made me a better parent and have helped me grow as a person."

Father Engagement

TPC's Father Engagement program supports young fathers as parents, providers, caregivers, and nurturers. By building confidence and essential parenting skills, we help fathers foster their child's healthy growth and development. Engaged fathers contribute significantly to their children's emotional and social well-being, leading to better outcomes in education, behavior, and health. Our resources empower fathers to create strong, positive relationships with their children.



"Patrick (Dads' Program Coordinator) is always here for me when I need him, I'm glad I continued with the program. It has helped me a lot with my mental health and life."

Parents Pantry

The Parents' Pantry allows TPC participants to shop for baby and personal items using "Baby Bucks" earned through program participation, healthcare appointments, and school attendance. These "Baby Bucks" can be spent on essentials like wipes, diapers, formula, baby clothes, and hygiene products. This program encourages active engagement while providing vital support to young families.

"My family has benefited greatly from [Parents' Pantry]. We are extremely grateful for [Pantry] as well as the donors. We are happy to be part of such a great community."



Parent Groups

Navigating early parenthood can be challenging and isolating. Our weekly parent groups at community sites offer a safe, welcoming space for young moms and dads. We provide support and education for pregnancy and parenting, ensuring parents receive help at every stage. These groups offer non-judgmental peer support, fostering a strong sense of community where parents can share experiences, exchange advice, and form meaningful connections.



"I love how welcoming TPC is! It's so helpful for young parents, like me, to have help that's just for us."

Therapeutic Counseling

Our Therapeutic Counseling services promote the positive mental health and well-being of young parents by providing a safe, therapeutic space that is accessible and free of charge. We offer one-on-one and group-based therapy for individuals, couples, and families engaged in other TPC support programs. These services are designed to support young parents in navigating their challenges, fostering resilience, and enhancing their overall quality of life.

"Therapy has helped me to be calmer and more decisive in my life; it helped me make better choices. I have better relationships with people now- I feel like a better mother and partner."



Prevention

We deliver prevention education to thousands of middle and high school students in the DuPage County area throughout the school year. Our Health Educators partner with Peer Educators, who share their personal experiences of being young parents. This collaboration provides students with relatable and impactful insights, helping them understand the challenges and responsibilities of parenthood. By offering this education, we aim to empower students with the knowledge and skills to make informed decisions about their health and future.



"TPC has done a great job making lessons relevant and impactful for all students. We love that students get to be involved in the lesson and have the chance to ask peer educators questions."

2024 IMPACT | by the numbers



14,163

TOTAL ENGAGED IN PROGRAMS

35
YOUNG FATHERS

126 PERINATAL EDUCATION

32 DOULA | **72** HEALTHY FAMILIES

13,816 STUDENTS SERVED BY PEER PREVENTION PROGRAM

168 PARENT GROUPS | **40** THERAPEUTIC COUNSELING



100%

of babies born to participants in the doula program were delivered at full term.



100%

of fathers reported improvement in the quality and frequency of their time spent with their children.



99%

of parents participating in home visiting programs have selected a primary care physician, which ensures consistent healthcare and support for their child's development.



100%

of participants reported feeling more confident, increased self-esteem, and have experienced positive changes in their life since beginning therapy services.



100%

of participants felt that their Parent Group offered a supportive environment to discuss their shared experiences.



100%

of doula participants reported feeling more educated about their pregnancy, birth, and newborn care.



96%

of children in the program underwent developmental screening, which is crucial for early detection of potential developmental delays.



97%

of students who participated in a Prevention Program class feel confident in their ability to lower or eliminate the risk of teen pregnancy.



100%

of fathers improved their knowledge and confidence in their fatherhood role and responsibilities.

TPC Parents' Pantry



DISTRIBUTED OVER **35,910** Diapers



PARENTS EARNED MORE THAN **15,938** Baby Bucks

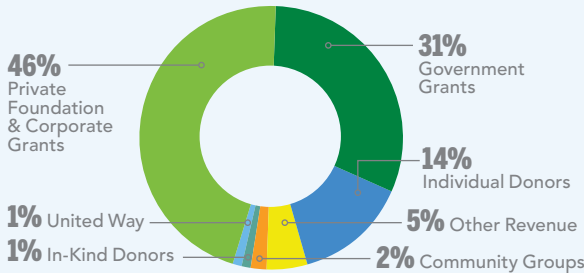


MORE THAN **671** Pantry Visits

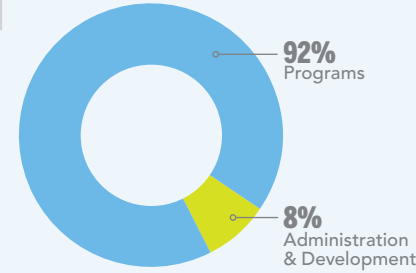


70 Car Seats EXPERTLY INSTALLED

2024 REVENUE



2024 EXPENSES



In FY24, **\$0.92** of every dollar was spent directly on program costs, with **only 8%** of agency resources allocated to covering administrative and fundraising expenses.



Teen Parent Connection

parenting · prevention · empowerment

Our Mission To serve the community through education on the realities and responsibilities of teenage pregnancy and through long-term assistance to adolescent parents for their development of self-esteem, parenting skills, and empowerment towards self-sufficiency.



475 Taft Avenue · Glen Ellyn, Illinois 60137
630-790-8433 www.teenparentconnection.org

