

# What you make possible...

Your support makes our work possible – creating a safe, healthy, and nurturing environment where every child, adolescent, and young adult can thrive.

## Parent Groups

Teen parents often feel isolated and alone, not knowing where to go for support. Our parent groups meet weekly at sites throughout the community, and provide a safe space where young moms and dads can find non-judgemental support with their peers.

As a new parent, I didn't know much about babies. But going to group helped me improve my parenting skills and taught me how to take care of my daughter. It helps talking to other parents like me who know what I'm going through.



## Healthy Families

Home visiting is proven to reduce the risk for child abuse and neglect, and provides young parents support by meeting them where they're at – right in their own home.

The program helped me stick with school during my pregnancy. Without my home visitor, things would be really tough. She encouraged me to not give up and helped me with budgeting and making good decisions for myself and my baby.



## Doula

Our doulas are there to provide support to pregnant teens at a critical moment in their lives. Childbirth education classes, support groups, and home visits empower young parents with the knowledge and confidence to prepare them for their new role. The doula is there to provide reassurance, encouragement, and guidance during labor and delivery to help the young mother have the healthiest, most positive birth experience possible.

I was clueless when I found out I was pregnant. Now I feel much more ready to become a mother and I have learned how to take care of myself and my baby. I am so thankful for the program because my doula has helped me so much!



## Prevention

We deliver prevention education to thousands of middle and high school students in the DuPage County area throughout the school year. Health Educators partner with Peer Educators, who share their personal experiences of being a young parent.

TPC provides a unique experience by sharing personal stories that our students appreciate. Not only do our students get the perspective of a peer going through situations that we discuss in class, but they also learn about a community resource to support those in need of their services.



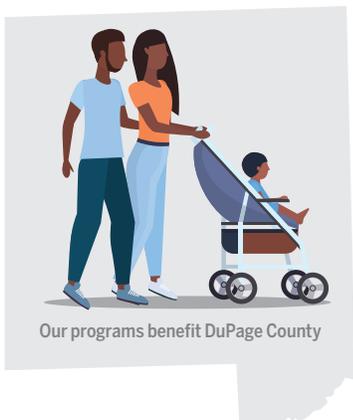
**We need your help...** to continue delivering these important programs. With your investment, we can ensure that no young parent and child will go without the support they need to live healthy lives full of promise – and free from abuse. To make a lasting impact with a year-end tax deductible gift visit [teenparentconnection.org/annual](http://teenparentconnection.org/annual)



# 2019 IMPACT | by the numbers

# 14,375

TOTAL ENGAGED IN PROGRAMS



## # served by program:

**115**  
HEALTHY FAMILIES

**61**  
DOULA

**30**  
THERAPEUTIC COUNSELING

**518**  
PARENTS' PANTRY

**24**  
PRENATAL SUPPORT GROUP

**203**  
PARENT GROUPS

**30**  
POSTPARTUM SUPPORT GROUP

**70**  
CHILDBIRTH CLASSES

**13,854**  
STUDENTS FROM

**50**  
SCHOOLS SERVED BY PEER PREVENTION PROGRAM



## PARENTS' PANTRY

provided participants with:



NEARLY **19,000** Diapers



OVER **1,500** Ounces of Formula &



OVER **3,000** Baby Items Including Clothing, Blankets, & Equipment



**96%**

of pregnant moms in the Doula program followed the recommended schedule of prenatal visits



**95%**

of families received a referral for early education support, preschool screening, and pre-K enrollment



**100%**

of participant children in the Healthy Families program had a Primary Care Physician



**96%**

of families followed the recommended schedule of well child visits and immunizations



**95%**

of participants age 18 or older graduated high school or enrolled in a GED program



**100%**

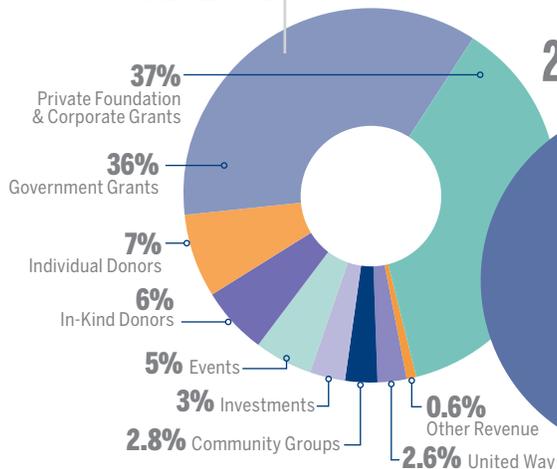
of participants who received therapeutic counseling reported an increased ability to cope with their daily stress



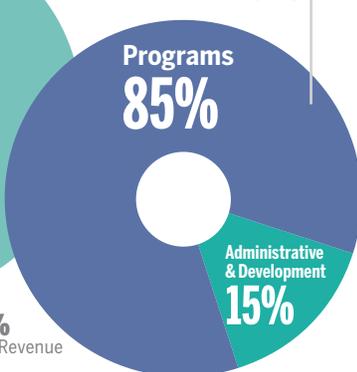
**98%**

of students who attended a Prevention Program class reported better understanding of the challenges of early parenthood

## 2019 REVENUE



## 2019 EXPENSES



New in FY19

## Home Visiting FOR DADS

TPC expanded our Healthy Families program to include a new Family Support Specialist for Fathers



## OUR MISSION

To serve the community through education on the realities and responsibilities of teenage pregnancy, and through long-term assistance to adolescent parents for their development of self-esteem, parenting skills, and empowerment toward self-sufficiency.