

# What You Make Possible...

Your support makes our work possible – creating a safe, healthy, and nurturing environment where every child, adolescent, and young adult can thrive.



## Doula

Our doulas are there to provide support to pregnant teens at a critical moment in their lives. Childbirth education classes, support groups, and home visits empower young parents with the knowledge and confidence to prepare them for their new role. The doula is there to provide reassurance, encouragement, and guidance during labor and delivery to help the young mother have the healthiest, most positive birth experience possible.

**“I was clueless when I found out I was pregnant. Now I feel much more ready to become a mother and I have learned how to take care of myself and my baby. I am so thankful for the program because my doula has helped me so much!” – Katie, 16**

## Healthy Families

Home visiting is proven to reduce the risk for child abuse and neglect, and provides young parents support by meeting them where they're at – right in their own home.



**“The home visitor brings me a lot of information. It has educated me on what's good for my baby and has helped me to make better choices for us. It helps to talk to someone I can trust and not feel judged.” – Mary, 18**

## Parent Groups

Teen parents often feel isolated and alone, not knowing where to go for support. Our parent groups meet weekly at sites throughout the community, and provide a safe space where young moms and dads can find non-judgemental support with their peers.



**“Being so young you feel lost, so all the info and groups have helped me feel normal, and like I can do this. Especially on my down days I remember I'm not alone.” – Alicia, 19**

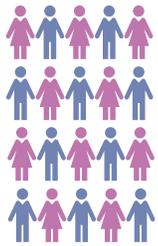
## Prevention

We deliver prevention education to thousands of middle and high school students in the DuPage County area throughout the school year. Health Educators partner with Peer Educators, who share their personal experiences of being a young parent.



**“TPC provides a unique experience by sharing personal stories that our students appreciate. Not only do our students get the perspective of a peer going through situations that we discuss in class, but they also learn about a community resource to support those in need of their services.” – Lisa Phillips, Teacher at Hinsdale South High School**

# 2018 | HIGHLIGHTS



**14,098**  
**TOTAL**  
ENGAGED IN PROGRAMS

## # OF PARTICIPANTS:

**102** Healthy Families **66** Doula **214** Parent Group  
**19** Prenatal Support Group **85** Childbirth Classes  
**24** Postpartum Support Group **154** Parents' Pantry  
**13,563** Students from **43** Schools Served by Peer  
 Prevention Program **25** Therapeutic Counseling

### ACCOMPLISHMENTS & ACCOLADES

CHARITY NAVIGATOR

**4-STAR**  
**RATING**



ILLINOIS SCHOOL  
HEALTH ASSOCIATION:

**PRESIDENTIAL  
CITATION  
AWARD**



**92%**  
of babies  
whose mother  
had a Doula  
were born  
full-term and  
at a healthy  
birth weight



**95%**  
of  
participants  
age 18 or  
older  
graduated  
high school  
or enrolled  
in a GED  
program



**98%**  
of students who attended a Prevention  
Program class reported better  
understanding of the challenges of  
early parenthood



**96%**  
of families  
followed the  
recommended  
schedule of  
well child  
visits and  
immunizations



**100%**  
of participants who received  
therapeutic counseling  
reported an increased ability  
to cope with their daily stress



Over  
**200**  
dads served through our  
support programs –  
*more than ever before!*

### BABIES, BOTTOMS & BOTTLES

**PARENTS'**  
**PANTRY**

Over  
**21,000**  
DIAPERS



Over  
**1,500**  
OUNCES OF  
FORMULA &



Over  
**2,800**



BABY ITEMS INCLUDING  
CLOTHING, BLANKETS,  
& EQUIPMENT

## WE NEED YOUR HELP...

to continue delivering these important programs.

With your investment, we can ensure that no young parent and child will go without the support they need to live healthy lives full of promise – and free from abuse.



To find out how you can make a lasting impact,  
visit [TeenParentConnection.org/donate](http://TeenParentConnection.org/donate)