

Childbirth Education Class JUST FOR TEENS!

Join us and learn more about your body, and what is going on inside it. Learn ways to stay comfortable while pregnant and how to care for yourself and your baby. Learn how to recognize real labor from false alarms, what to expect when real labor does start, and find out just what that baby is doing in there, all with parents your age in a relaxed environment.

Who: Young Parents and Parents-to-Be
(22 and under) Partners are welcome.

When: Thursdays, 6:30-8:30 – Dinner
provided.

Class Schedule: January 5th- February 23rd, 2017.
April 6th – May 25th, 2017

Where: Faith Lutheran Church
41 N Park
Glen Ellyn, IL 60137

Why: To get some peace of mind... and it's
FREE! Every week you come you earn
"Baby Bucks" which can be used to get
diapers, wipes and formula in our Parents'
Pantry. Plus, enjoy weekly RAFFLES for
key baby items!

To register call:
Ashley Anderson
(630) 790-8433 ext. 224

Learn more about all our services at:

www.teenparentconnection.org

All Services Are Free!



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